Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

Canadian Mental Health Association
Grey Bruce
Mental Health and Recovery Services

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

Minutes

Board Meeting

Meeting Date: September 22, 2026
Meeting Time: Following the AGM
Location: Chesley Community Centre (129 4th Ave SE, Chesley ON)

Attendance: Yvonne McCutcheon – Chair, Ejaye McComb – Vice Chair, Sean McMurray – Past Chair, Scott Murphy – Treasurer, Karen Linner – Guest, Shelby Jacques, Susan Powell, Lindsey McLean, Paul Biggin, Kate Huntley, Janice Lace, Mike Pickering

Staff: Stephen Musehl - CEO, Cory Armstrong – Director of Finance, Scott McKay – Director of Client Services, Michelle Arnett – Executive Administrator

Regrets: Anita Sultmanis, Madiha Khokhar

The Board meeting was called to order at 4:06 p.m.

A. Agenda

A.1 Review of the Agenda

Yvonne shared that it was a pleasure to see everyone in-person again.

Yvonne requested to add 'Director Development' agenda item under 'F. Governance.'

The amended agenda was reviewed and approved.

Board-Resolution-2026-09-22-008
Moved by Lindsey McLean and seconded by Ejaye McComb, THAT this Board approve the amended agenda of September 22, 2026. CARRIED.

A.2 Conflict of Interest

None.

B. Consent Agenda

Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

Canadian Mental Health Association
Grey Bruce
Mental Health and Recovery Services

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

B.1 Board Minutes – July 29, 2026

The minutes were reviewed and approved.

B.2 Board Meeting Evaluation

Board-Resolution-2026-09-22-009
Moved by Scott Murphy and seconded by Paul Biggin, THAT this Board approve the Minutes of July 29, 2026; and the board meeting evaluation be accepted as presented. CARRIED.

C. Pulled from Consent Agenda

None.

D. New Business

D.1. Nomination of New Executive – Vote/Motion

Sean McMurray, as Acting Chair, puts forward the following candidates:

Yvonne McCutcheon as Chair for 2026-27 term
Ejaye McComb as Vice Chair for 2026-27 term
Scott Murphy as Treasurer for 2026-27 term

Any other nominations?
None.

All candidates: Yvonne McCutcheon - Chair, Ejaye McComb – Vice Chair, Scott Murphy – Treasurer were acclaimed for the 2026-27 term.

Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

Canadian Mental Health Association
Grey Bruce
Mental Health and Recovery Services

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

E. Finance Committee

E.1 Financials Update

Scott Murphy shared that the committee reviewed the July financials and are satisfied that they were completed correctly. Scott recommended passing the July financials.

Cory shared a high-level summary of each section of the reports, noting:

- The budget is up due to donations and Bruce County funding. Expected to continue, though donations can be unpredictable.
- For just the month of July, Fresh Roots was in a deficit. The variances from month to month aren't huge so we aren't concerned about it right now.
- $368,000 surplus due to: salaries – unable to fill positions and turnover/retirements that created gaps, repairs and maintenance fees which will increase in the winter months, audit fees which will be paid soon, and ministry funding which has been approved to be carried forward.

Group Discussion:

- Fresh Roots funds come mostly from catering through the agreement with BrightShores to cater their Wellness Centre, and one customer in particular.
- Stephen explained to new board members that Fresh Roots is our social enterprise and also functions as social rec. as the restaurant employs clients who have completed our programs.
- Cory explained to new board members that due to the specific pivot table used, revenue shows as negative and expenditures as positive to accurately show surplus.
- In response to a question from Mike, Stephen explained the reasoning for the Ministry recently recovering funding – they did not contact the appropriate person for their request. We are in conversation with the ministry and expect the majority of the funding to be returned.

Board-Resolution-2026-09-22-010
Moved by Scott Murphy and seconded by Ejaye McComb, THAT this Board approve the Financials Update as presented. CARRIED.

F. Governance Committee

F.1 No Report.

Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

Yvonne welcomed Janice Lace and Mike Pickering, our new directors, to the board. All board members gave brief introductions and welcomed the new directors.

Paul explained that the reason for no Governance update during this board meeting is that the committee has started to meet every two months (instead of every month) to ensure adequate time to work on action items.

F.2 'Director Development'

Yvonne discussed that they are exploring a Director Development Program which would provide education and workshops for promising board candidates. Paul continued that it is a strategic decision to ensure varied experience and diversity on the board, and it would offer a measurable and quantifiable way to do so.

G. Quality and Risk Committee

G.1 Delayed to October Meeting

Yvonne explained that Jake Presseault will be going over the Board Scorecard with them at the next meeting in October.

H. Organization and System

H.1 CEO Report

Stephen delivered the CEO Report, touching on:

- The walk-in program at Georgian College is underway and provides family support and education for students.
- We are currently experiencing high rates of staff turnover – we are currently working on gathering insight into why this is happening.
- Scott McKay is currently working with Keystone on lifespan walk-in clinics in Wiarton, Hanover, and Kincardine.
- Primary Care Enhancement Funding will be opening soon – this funding could be a good option for SOS and COAST.
- McFadden's Movement recently raised $20,000 for CMHA Grey Bruce and $20,000 for CMHA Waterloo-Wellington.
- Michelle and Krystal have been working on getting the volunteer program up and running.
- Training opportunities (such as ASIST) will be offered to the Board soon.
- CMHA has created a 'Briefing Room' website with information on pressure topics, to educate politicians. It is useful information, recommended for the Board to read

Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

through.

Group Discussion:

- In response to a question from Mike regarding the implications of staff turnover, Stephen shared that it is not ideal and could create a lull in some programs and services, and it could provide some flexibility to adjust programs.
- In response to a question from Ejaye regarding the 'why' of the lifespan walk-in clinics, Scott McKay explained that surveys show the importance of barrier free access to Mental Health support. Two people will be on site at each location to triage clients – will be offering referrals and supportive counselling. The walk-ins will take place during the day and school boards have been notified so that students can be referred to us.

Board-Resolution-2026-09-22-011
Moved by Paul Biggin and seconded by Shelby Jacques, THAT this Board approve the CEO Report as presented. CARRIED.

Actions:
Discuss Board SharePoint at October meeting.

I. Correspondence

I.1 CMHA Briefing Room

I.2 OBCM Media Kit

Stephen shared that this is regarding involuntary care as well as other recovery-focused approaches. Likely to be challenged in courts.

Yvonne shared that these are important things to be asking mayoral candidates about.

Group Discussion:
Ejaye shared that most candidates say they will not use strong mayor powers, but you never know. Strong Chairs will be popping up throughout the County.

I.3 CMHA News Release re: OBCM Calls for Action

Docusign Envelope ID: 7EFBCEAA-43E1-8390-827D-5D59CDE0FEA1

Canadian Mental Health Association
Grey Bruce
Mental Health and Recovery Services

ACCREDITED WITH COMMENDATION
ACCREDITATION AGRÉMENT CANADA

1101 2nd Avenue East, Suite 205
Owen Sound, ON N4K 2J1
519-371-3642 | 1-888-451-CMHA (2642)
greybruce.cmha.ca

J. Adjournment – 5:37 p.m.

Board-Resolution-2026-09-22-012
Moved by Lindsey McLean to Adjourn. CARRIED.

Signed by:
Yvonne McCutcheon
3A4A56A294B44A2...

Yvonne McCutcheon, Board Chair

Signed by:
Stephen Musehl
43FD7541D5E94CE...

Stephen Musehl, CEO

Minutes taken by: Michelle Arnett
Approved on October 28, 2026: