

The Loft Hours- Monday-Friday 8:30am-4pm
 If you are interested in signing up for groups please call
 519-371-3642 ext 2002 (Candice) or 2001 (Shawna)
 If you are feeling unwell we ask you to attend programming another day.

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Open 10-3 1 Masterpiece makers painting 10-12 Bring a lunch Afternoon documentary 1pm	2 Morning Closed Catan Board Game 1-3pm	3
4 Mental Health Week	Open 10-3 5 Rise and Shine with Pancake Breakfast 10am Afternoon Games	6 Warton Lunch, Bonfire and Thrift store Leaving 10am	Open 10-3 7 Chair Yoga 10am Bring a lunch Bingo 1pm	8 Spring craft 10-12 Bring a lunch Smoothie + walk 2pm	9 Loft Closed Today	10
11 Mother's Day	Open 10-3 12 Rise and Shine 10-12 Bring a lunch Afternoon Games	Open 11-3 13 Lunch : Soft Tacos Masterpiece Makers Painting 1-3	Open 10-3 14 Chair Yoga 10am Afternoon Baking "Funnel Cakes"	15 Adult Swim 10:15am-11:15am Afternoon Closed	16 Social Drop-in 10-12 Creative Journaling 1-3pm	17
18	19 Closed Victoria Day	Open 11-3 20 Lunch: mac n cheese homemade Masterpiece makers painting 1-3	Open 10-3 21 Chair Yoga 10am Bring a lunch Bracelet Making 1pm	22 Ashanti Coffee + Walk 10am Afternoon Closed	23 Morning Closed Beaded Key Chain Craft 1-3pm	24
25	Open 10-3 26 Rise and Shine 10-12 Bring a lunch Afternoon Games	Open 11-3 27 BBQ Lunch + Outdoor Games	Open 10-3 28 Chair Yoga 10am Luna Therapy dog 10:30 am Bring a lunch Afternoon Games	29 Morning Closed Outdoor Planters + Clean up 1-3	30 Social Drop-in 10-12 Walk 1-1:30 Rock Painting 1:30-3pm	31