



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
		CHRONIC DISEASE 130-4	AFTERNOON CHAT			
11	12	13	14	15	16	17
		CHRONIC DISEASE 130-4		EXIT CELEBRATION (Previous Semester)		
18	19	20	21	22	23	24
	CLOSED-HOLIDAY	ART FOR WELLNESS	AFTERNOON CHAT			
25	26	27	28	29	30	31
			WOMEN'S GROUP			

AM CLASS – 10:00 AM – 12:00 PM PM CLASS – 1:30 PM – 3:30 PM UNLESS OTHERWISE NOTED
To Register, Call 519-371-3642 x1229