

The Loft Hours- Monday-Friday 8:30am-4pm
 If you are interested in signing up for groups please call
 519-371-3642 ext 2000 or 2002 (Candice)
 If you are feeling unwell we ask you to attend programming another day.

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Rise + Shine 10-12	4 Hanover Movie Theatre 9:30am Sonic The Hedgehog Ticket \$6 or \$13 with drink + popcorn	5 Morning puzzle 10-12 Shop Around Town 1-3	6 Open 11-3 "Let's Move It Group" 10-1 Bring a lunch	7 Social Drop-in 10-12pm Creative Journaling 1-3pm	8
9	10 Rise + Shine 10-12	11 Open 11-3 Soup Lunch: Tortellini Valentine Candy grams + cards	12 Open 11-3 Valentine Photo booth, snacks and games. Bring a lunch	13 Open 10-12 "Let's Move It Group " 10-12 *Afternoon Closed	14 Pancake breakfast 10-12pm \$3.00 cost Valentines' day bingo 1-3pm	15
16	17 Closed Family Day	18 Open 11-3 Lunch : Chili Afternoon Games	19 Open 10-3 Sushi making lunch \$3 Funny videos	20 Open 10-12 "Let's Move It Group" 10-12 *Afternoon Closed	21 Social Drop-in 10-12 Air-dry clay magnets pt 1: creating 1-3pm	22
23	24 Rise + Shine 10-12	25 Open 11-3 Soup Lunch : Calendar + Newsletter planning	26 Open 10-3 Therapy Dog Luna 10am Indoor Yard games 1-3	27 Open 11-3 "Let's Move It Group" 10-1 Bring a lunch	28 Social Drop-in 10-12 Air-dry clay magnets pt 2: painting 1-3pm	

"Let's Move It " Group- Join us every week for a class of chair exercises, goal exploration and healthy eating habits.