



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
			WRAP			
9	10	11	12	13	14	15
		GETTING THE MOST (IN PERSON)	WRAP AFTERNOON CHAT	GETTING THE MOST (VIRTUAL)		
16	17	18	19	20	21	22
		ART FOR WELLNESS	WRAP			
23	24	25	26	27	28	29
			WRAP WOMEN'S GROUP AFTERNOON CHAT			
30	31					

AM CLASS – 10:00 AM – 12:00 PM PM CLASS – 1:30 PM – 3:30 PM UNLESS OTHERWISE NOTED

To Register, Call 519-371-3642 x1229