



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	VISION BOARDS				OVERCOMING STIGMA	
9	10	11	12	13	14	15
	VISION BOARDS		AFTERNOON CHAT		OVERCOMING STIGMA	
16	17	18	19	20	21	22
	CLOSED-HOLIDAY	ART FOR WELLNESS				
23	24	25	26	27	28	
			NOTE: NO WOMEN'S GROUP THIS MONTH AFTERNOON CHAT			

AM CLASS – 10:00 AM – 12:00 PM PM CLASS – 1:30 PM – 3:30 PM UNLESS OTHERWISE NOTED

To Register, Call 519-371-3642 x1229