

August 2024

Union Place Activity Calendar

Call to Sign up 519-371-3642
 April (ext. 1214) Emily (Ext. 1024)

Daily Activities:

Walking Group 9:00 am
 Drop in 9:30-11:30am unless otherwise

Monday	Tuesday	Wednesday	Thursday	Friday
			1 No Drop in today Mary's Farm 10-12 Departure at 9:30	2 Yoga in the Garden 1:00pm
5 CLOSED Civic Holiday	6. No Drop In Today Keady Market 9-12	7. Lawn Bowling 9:30am Members meeting 1:30 pm	8. Waste walk 1:30pm	9. Darts and Pool Tournament 1:30pm
12. Drop in ends at 10 today Kincardine Camp Day 10:00am Departure \$5	13. Karaoke with Jackie 1:30pm	14. Lawn Bowling 9:30am Yarn Art 1:30pm	15. Member Lunch: Making Pizza Together \$2 11:30am	16. Hike to Silent Valley (moderate to strenuous) 1:00pm
19. Mindful Breathing with Peter 11:00am Ice Cream Sundae Monday 1:30 pm	20. Walk the Rail Trails in Chatsworth and Fry Shack departure 1:00pm	21. Lawn Bowling 9:30am Paper Mache piñatas 1:30 pm	22. No Drop in Today Markdale Camp day Paddling 9:00 am Departure \$10	23. Yoga in the Garden 1:00pm Music in the Garden 2:00pm
26. Dried Flower Art and candle making \$5 1:30pm	27. Bingo 1:30pm	28. No Drop in Today Lawn Bowling 9:30am Monthly Birthday Party 1:30pm	29. Harbour Art Walk 1:30pm	30. No Afternoon groups