



December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		LIVING LIFE/FULLEST	AFTERNOON CHAT	WRAP		
8	9	10	11	12	13	14
15	16	17	18	19	20	21
		GROUNDING THROUGH ART	WOMEN'S GROUP AFTERNOON CHAT			
22	23	24	25	26	27	28
			CLOSED-HOLIDAY	CLOSED-HOLIDAY		
29	30	31				
		EXIT CELEBRATION SEP-DEC SEMESTER				

AM CLASS – 10:00 AM – 12:00 PM PM CLASS – 1:30 PM – 3:30 PM UNLESS OTHERWISE NOTED
To Register, Call 519-371-3642 x1229