



November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
		LIVING LIFE/FULLEST	NOTE: NO CHAT TODAY	WRAP		
10	11	12	13	14	15	16
		LIVING LIFE/FULLEST		WRAP		
17	18	19	20	21	22	23
		GROUNDING THROUGH ART LIVING LIFE/FULLEST	WOMEN'S GROUP AFTERNOON CHAT	WRAP		
24	25	26	27	28	29	30
		LIVING LIFE/FULLEST		WRAP		

AM CLASS – 10:00 AM – 12:00 PM PM CLASS – 1:30 PM – 3:30 PM UNLESS OTHERWISE NOTED
To Register, Call 519-371-3642 x1229