


May 2024

Union Place Activity Calendar

Call to Sign up 519-371-3642
 April (ext. 1214) Emily (Ext. 1024)

Daily Activities:

Walking Group 9:00 am
 Drop in 9:30-11:30am unless otherwise stated

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Space is limited for transportation for outings. We will be trialing signing up for 1 outing per person to begin with to give everyone a fair chance. Please sign up for your most preferred outing (those included are May 1, 2, 3, 24, 28). Based on space we will then welcome secondary sign ups.</p>		1. Drop in ends 10:30am Day in Collingwood/ Thornbury BVO 10:30am departure (walking, shopping, picnic)	2. Drop in ends 11am Mary's Farm 11:00am departure	3. Donkey Farm 1:30pm departure
6. Bike Ride (Soccer Complex) 2:00pm	7. Mindful Breathing 11:00am Spa Day 1:30pm	8. Volleyball at St. Andrew's 1:30pm	9. Sweetwater education concert at Harmony center 9:30am departure	10. Making Chocolate Dipped Bananas/Splits 1:30pm
Mental Health Week				
13. Mothers Day Morning Mingle 10am (painting birdhouses) Flying a Kite/Magnet Fishing 1:30pm 	14. Crafting Suncatchers 1:30pm	15. BBQ Lunch \$2 1:00pm	16. Drop in ends 10:15am YMCA Day 10:30am-12pm	17. Bike Ride (Harrison Park) 11:30am
20. Victoria Day Closed	21. Collaborative Canvas Painting (pass the canvas) 1:30pm	22. Chair Exercises 11:30am-12pm Tom Thompson Art Gallery 1:30pm	23. Cleaning up the garden beds 1:30pm	24. Hike: Skinners Bluff 1pm departure
27. Bike Ride (Kelso Beach and Beyond) 2:00pm	28. Drop in ends 11am Bonfire in Markdale 11am departure	29. Monthly Birthday Party and Games 1:30pm-3:00pm	30. Coffee House at the Farmers Market 11am-3pm	31. Pool Tournament 1:30pm