Coordinator: Kelly Scheirich (519) 371-3642 Ext. 4004

					(317)3/1-3042	LAL TOUT
Sun	Mon	Tue	Wed	Thu	Fri	Sat
- No.			1 Drop-In/Garden	2	3	4
			Clean Up	CLOSED At 12:30	CLOSED	
5	6	7	8	9	10 Gym	11
	CLOSED	CLOSED	CLOSED	CLOSED At 12:30	11:30-Noon Social in the Well 1:30-3:30pm	
12	Painting/Button Art 9:30-Noon Easy Flow Yoga 1:30-2:30pm	Community Garden Meeting 2:30-3:30pm	15 Morning Walk 9:30am Reading Group 11:00-Noon	16 Garden Prep. In Flesherton	Gym 11:30-Noon Social in the Well 1:30-3:30pm	18
19	20 Morning Walk 10:00am Easy Flow Yoga 1:30-2:30pm	21 Sewing 1:00-3:30pm	22 Bike Ride 10:00am Garden Clean Up at 1:00pm	23 CLOSED	24 CLOSED	
26	27 Morning Walk 10:00am Easy Flow Yoga 1:30-2:30pm	28 All Groups Campfire 11:00am-3:00pm	29 Drop In/Site Clean Up 9:00-3:00pm	30 Garden Planting in Flesherton	31 Gym 11:30-Noon Social in the Well 1:30-3:30pm	

Brunch by donation is open to all community members and runs every Tuesday and Thursday from 11:00am-Noon unless otherwise posted. If you have any symptoms of feeling unwell please choose to stay home until symptoms dissipate; you are welcome to take a meal for takeout.

Please be sure to sign up for any activities you would like to participate in, particularly the off-site outings.