

Coordinator: Kelly Scheirich (519) 371-3642 Ext. 4004

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CLOSED	2 Drop-In For the Afternoon	3 Shopping Trip Depart at 9:30am	4 Tai Chi 12:30-1:30pm Afternoon Walk 2:00pm	5 Gym Time 11:30-Noon Social in the Well 1:30-3:30pm	6
7	8 Reading Group 10:00am-Noon Easy Flow Yoga 1:30-2:30pm	9 Unique Item Show and Tell 1:00pm	10 Gentle Fit at the P & H in Hanover Depart at 12:30	11 CLOSED at Noon	Gym Time 11:30-Noon Social in the Well 1:30-3:30pm	13
14	Drop-In for the Morning Easy Flow Yoga 1:30-2:30pm	16 Games Afternoon (Euchre; Scrabble; Boggle) 1:00-3:30pm	17 Craft Day (Bring Whatever You're Working on) and a Movie at 1:00pm	18 Tai Chi 12:30-1:30pm Afternoon Walk 2:00pm	19 CLOSED	20
21	Earth Day Hike! Depart at 9:30am Easy Flow Yoga 1:30-2:30pm	23 Sewing 1:00-3:30pm	Gentle Fit at the P & H in Hanover Depart at 12:30	25 Tai Chi 12:30-1:30pm Afternoon Walk 2:00pm	26 Gym Time 11:30-Noon Social in the Well 1:30-3:30pm	
28	29 Reading Group 10:00am-Noon Easy Flow Yoga 1:30-3:30pm	30 Bowling in Maxwell Cost: \$5.00 Depart at Noon				

Brunch by donation is open to all commu-

nity members and runs every Tuesday and Thursday from 11:00am-Noon unless otherwise posted. If you have any symptoms of feeling unwell please choose to stay home until symptoms dissipate; you are welcome to take a meal for takeout.