

# Grey Bruce Mental Health Walk-in Support

Walk-in for referrals, resources and/ or mental health support.  
Free. No appointment necessary. First come, first served.

Clinic Locations	Date & Time
<b>Hanover</b> <i>The Loft</i> 290 10 <sup>th</sup> St	<u>Tuesday</u> 1:00- 3:00 pm
<b>Durham</b> <i>West Grey Public Library</i> 453 Garafraxa Street South	<u>Every Other Thursday</u> 1:00- 3:00 pm (Sept 7, 21. Oct 5, 19. Nov 2, 16, 30).
<b>Meaford</b> <i>Meaford Library</i> 11 Sykes Street North	<u>Wednesday</u> 1:00- 3:00 pm
<b>Warton</b> <i>Allied Health Building</i> 369 Mary St- Room 111	<u>Thursday</u> 1:00- 3:00 pm
<b>Lion's Head</b> <i>Lion's Head Hospital</i> 22 Moore St- Board Room	<u>Tuesday</u> 1:00- 3:00 pm
<b>Owen Sound</b> <i>The X Change</i> 825 2 <sup>nd</sup> Ave East	<u>Monday. Wednesday and Friday</u> 1:00- 3:00 pm

Please do not attend if symptomatic of COVID-19 or if you have had known contact with a probable or confirmed case of COVID-19. Facemasks are encouraged.