

# September 2023

## Union Place Activity Calendar

Call to Sign up 519-371-3642  
April ext 1214 or Emily ext.1024

Brunch Drop in  
Monday, Tuesday, Thursday  
and Friday 10:00am-11:30am  
unless otherwise stated

M o n	T u e	W e d	T h u	F r i
				<b>1</b> <b>Salmon Spectacular:</b> <b>Birds of Prey Demon-</b> <b>stration</b> <b>11:30am (walk over)</b>
<b>4</b> <b>Labour Day</b> <b>Union Place Closed</b>	<b>5</b> <b>Mindful Breathing with</b> <b>Peter</b> <b>11:00am</b>  <b>Bike Ride 2:00pm</b>	<b>6</b> <b>No Drop in Today</b> <b>Lawn Bowling 9:30am</b>  <b>Waste Walk 1:30pm</b>	<b>7</b> <b>Magnet Fishing along</b> <b>the harbour</b> <b>11:00am</b> 	<b>8</b> <b>Hike With Jim</b> <b>(Walters Creek, moderate)</b> <b>Meet at Housing Office</b> <b>1:15pm</b>
<b>11</b> <b>Waterfall Tour</b> <b>11:30am</b>	<b>12</b> <b>Baseball at Harrison</b> <b>Field 2:15pm</b>	<b>13</b> <b>No Drop in Today</b> <b>Lawn Bowling 9:30am</b>  <b>Yoga</b> <b>1:30pm</b>	<b>14</b> <b>Markdale Camp Day</b> <b>Bonfire, Dinner and</b> <b>Music</b> <b>3pm-7pm</b>	<b>15</b> <b>Music in the</b> <b>Garden</b> <b>1:30pm</b>
<b>18</b> <b>Ice Cream Sundaes</b> <b>1:30</b> 	<b>19</b> <b>Mindful Breathing with</b> <b>Peter</b> <b>11:00am</b>	<b>20</b> <b>No Drop in Today</b> <b>Lawn Bowling 9:30am</b>  <b>Meaford Scarecrow</b> <b>Invasion 1:00pm</b>	<b>21</b> <b>Bingo \$2</b> <b>1:30pm</b> 	<b>22</b> <b>Hike With Jim</b> <b>(Johannes/Johnston,</b> <b>moderate)</b> <b>Meet at Housing Office</b> <b>1:15</b>
<b>25</b> <b>DIY Beading Craft</b> <b>1:30pm</b>	<b>26</b> <b>Christmas Dance Craft</b> <b>Brainstorming Group</b> <b>11:00am</b>	<b>27</b> <b>No Drop in Today</b> <b>Butterfly Conservatory/</b> <b>Cambridge centre mall</b> <b>Depart at 9:00am</b> <b>\$10</b>	<b>28</b> <b>Thanksgiving Baking</b> <b>1:00pm</b>	<b>29</b> <b>Canvas Painting</b> <b>1:30pm</b>