



NOVEMBER 2022

GROUP SERVICES

Teams Offices: 425 10th St. Hanover, ON Unit 8, N4N 1P8

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	No Group Today	No Group Today	10:00–11:30 Papier Mache Sculpture 1:30-3:00 BINGO!	10:00–11:30 Breakfast at Stacked - SIGN UP - Meet at 880 10th St or talk to staff about a ride
7	8	9	10	11
10:00–11:30 Rise N Shine 	Owen Sound Trip - SIGN UP - 9:00 am - Meet at Teams Office	No Group Today	1:30-3:00 Fun and Games	10:30 Remembrance Day Ceremony Meet at Loft 1:30-3:00 Crafting Workshop
14	15	16	17	18
10:00–11:30 Rise N Shine Planning December Calendar 1:30- 3:00 Crafting Workshop	Movie Night and Pizza Dinner Meet at The Loft -SIGN UP - Dinner 6:30 \$2 -Movie 7:30 \$8	No Group Today	10:00–11:30 Creative Journaling	1:00-3:00 Baking with Tamara Meet at The Loft
21	22	23	24	25
10:00–11:30 Rise N Shine 1:30 -3:00 Papier Mache Sculpture 	1:30- 3:00 Crafting Workshop	No Group Today	10:00–11:30 Show and Tell	10:00–11:30 Pickleball -SIGN UP - Ask staff for details
28	29	30		
10:00–11:30 Rise N Shine with Ava 	1:30-3:00 Beginners Drawing	No Group Today		

Please call Verity 519-371-3642 Ext-2001 to sign up or with any questions
 Wearing a mask during groups is encouraged

ACTIVITY GUIDE

Papier Mache Sculpture

Meet for ongoing sessions of papier mache sculpture. Transform wire, paper, flour and water into imaginative figures.

Fun and Games Afternoon:

Let the games begin! You are invited to join in a selection of games, including Scrabble, Skip-bo, Apples to Apples and card games as a small group.

Rise N Shine:

A positive start to the week. Come for adult colouring, word searches, puzzles and conversation.

Owen Sound Trip

Road trip! Groups Services is going shopping in Owen Sound! Please sign up to attend.

Breakfast at Stacked:

Join us for breakfast at Stacked. Meet at 880 10th St. or talk to staff about a ride.

Crafting Workshop

Gather together for crafting and conversation. Get a head start on creating a collection of homemade holiday gifts or bring your own project.

Movie Night and Dinner

Its dinner and a movie night! Meet at The Loft for a pizza dinner and then head to The Paramount Theatre for a show. Dinner-\$2 -Movie -\$8

Creative Journaling:

Experiment with different creative journaling practices. Express yourself through drawing, collage, list making, painting, poetry or whatever works for you.

Baking with Tamara

Come make some delicious goods with Tamara! Meet at The Loft at 1:00.

Show and Tell

"Let's call it what it is!" Bring something meaningful to you to show and talk about with the group.

Pickleball

Want to try something new? Pickleball combines elements of tennis, badminton and ping pong in an easy to learn sport that is perfect for beginners. Asks Staff for details.

Beginners Drawing

Learn or develop your drawing skills. A variety of drawing activities and tools will be introduced to the group.

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GROUP SERVICES

Hanover



Group Services offer social recreation and life skill-based activities for adults, including games, wellness talks, culture, fitness and artistic expression. Join us to create community, develop skills, and share your strengths with an inclusive group.

Please Call Verity with any questions.
519 371-3642 (ext:2001)