



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	CHIME MINDFULNESS	MY 4 ROOMS	MY 4 ROOMS	BARRIERS WRAP	OOT WIARTON AM TBD	
9	10	11	12	13	14	15
	THANKSGIVING HOLIDAY NO CLASS	BOUNDARIES VISION BOARD	COMPASSION FATIGUE AFTERNOON CHAT	BARRIERS WRAP	OOT HANOVER AM TBD	
16	17	18	19	20	21	22
	CHIME MINDFULNESS	BOUNDARIES BUDGETING	COMPASSION FATIGUE AFTERNOON CHAT	BARRIERS WRAP	OOT HANOVER AM TBD	
23	24	25	26	27	28	29
	OFF	OFF	AFTERNOON CHAT	WRAP	OOT HANOVER PM TBD	
30	31					

AM CLASS – 10:00 AM – 12:00 PM

PM CLASS – 1:30 PM – 3:30 PM