

CMHA Grey Bruce Mental Health and Addictions
MINUTES OF THE MEETING OF THE BOARD OF DIRECTORS
Wednesday July 22, 2020 at 5:00 pm
Via Zoom

PRESENT: **Board Members:** Kate Allan, Susan Boron, Rick Chappell, Alex Constantin, Holly Goodings, Mike Latimer, Lynda Legge, Sean McMurray (Chair), Daryl Minifie, Kylie Nowak, Rebecca Raynsford, Barb West-Bartley

Staff Members: Arnold Dendamera, Clark MacFarlane, Brenda O'Neill

REGRETS: --

GUESTS: Alison Govier, CMHA – Coordinator, Community Drug & Alcohol Strategy

OPENING: Called to order by Chair Sean McMurray at 5:15 pm. Quorum achieved.

1.0 WELCOME

The Chair opened the meeting and welcomed Alison Govier and Holly Goodings.

2.0 APPROVAL OF AGENDA

MOVED BY: Alex Constantin

SECONDED BY: Kate Allan

BE IT RESOLVED THAT the Final Agenda for the Board meeting for July 22, 2020 be approved as presented.

CARRIED

3.0 CONFLICT OF INTEREST DECLARATIONS

The Chair asked that any conflicts of interest be declared. Two conflicts noted. Kylie Nowak declared a conflict with item 7.4 as she's well acquainted with a family member in the case. Barb West-Bartley declared a perceived conflict of interest with item 7.4 due to the name 'West' involved in the case.

4.0 EDUCATION – Community Drug & Alcohol Strategy (Slide set included with minutes)

Clark McFarlane gave an overview of the situation that has been occurring in Owen Sound.

There's considerable concern in a particular neighbourhood in Owen Sound where drugs are being used and sold. An overdose recently took place and neighbours are worried about the activities occurring. There was a recent meeting held with neighbours and police which CMHA also attended. As addiction is a complex issue, CMHA is pleased to have been part of this community meeting. Safe supply program to be examined.

Alison Govier reported that a number of overdoses (6) have occurred in the region over the past week and a fatal overdose in Owen Sound. The Drug & Alcohol Strategy is involved with helping to bring these issues to the forefront as it's a community responsibility. Compassion but also frustration and concern by community has been expressed.

Goal of the Drug and Alcohol Strategy is to increase awareness of harm reduction with a person-centred focus for assisting individuals.

Alison noted that presentation is based on an urban model so it's important to consider how this translates to a rural model.

Discussion held following the presentation.

CMHA has a methadone clinic, RAAM clinic (Rapid Access Addiction Medicine where primary care physicians deliver addiction meds). Clark posed question as to whether or not CMHA can bolster these supports and make greater inroads with programs. Outreach is a way for CMHA to be involved which in turn could improve uptake of services/clinics.

Caution voiced about the resources required to run a safe supply program and if the community would support such an initiative. Physician support expected to be difficult as safe supply programs require daily check-ins with physicians and their schedules are already full. Transportation for clients could also be an issue, especially in winter months. While there are challenges, Clark feels it's important to have the conversations and work to rally the community. A safe supply pilot could be rolled into an addiction program as community acceptance builds and the initiative develops.

A program in London has been implemented and a number of data points are being used to evaluate the initiative. Alison feels "wrap-around care" may be of interest to physicians (ie. peer navigation, resources) and she looks forward to the Community Drug & Alcohol Strategy helping to increase choice and safety for clients.

The Chair thanked Alison for the program update.

ACTION: Alison's presentation to be included in minutes (see below).



4.0 Education
Info_Safer Supply.ppt

5.0 MINUTES & ACTION ITEMS

5.1 Approval of Previous Minutes

MOVED BY: Kate Allan

SECONDED BY: Mike Latimer

BE IT RESOLVED THAT the minutes of the Board meeting held on June 24, 2020 be approved as presented.

CARRIED

5.2 Update on Action Items

Item 6.1.2 – Complete: Clark has asked Finance Manager to include the \$10,000 consultant fee to budget

Item 3.0 – In Progress: FAN Club operating costs to be provided to Board

6.0 ITEMS FOR DECISION

6.1 Board Appointment

MOTION #2020.4

MOVED BY: Mike Latimer

SECONDED BY: Susan Boron

BE IT RESOLVED THAT the nomination of Holly Goodings to the Board of Directors be approved as of July 22, 2020; and that Holly Goodings be appointed to the Board of Directors for a term of three years pending the election of directors at the next Annual Meeting of the Members.

CARRIED

(Arnold Dendamera joined the call, 6:05 pm)

6.2 Finance Matters

6.2.1 Report of the Finance Committee

Kate Allan reported that the Finance Committee met at 4 pm on July 22 via Zoom. Quorum was achieved. The committee will be looking at rent arrears and how to establish protocols to deal with outstanding amounts going forward. The auditors have been consulted to establish what arrears are presumed to be collectible.

The Finance Manager will be breaking down costs by programs and revenue streams (ie. donations, interest received). The financial forecast is meant to become a reference document to help with Board decisions such as phone system procurement. The document will better enable the Board to know implications as it relates to year-end predictions. The financial forecast is being adjusted to show true cashflow (inflows and outflows).

MOVED BY: Barb West-Bartley

SECONDED BY: Lynda Legge

BE IT RESOLVED THAT the July 22, 2020 Report of the Finance Committee be accepted as presented.

CARRIED

Holly has agreed to sit on the Finance committee.

**ACTION: EA to add Holly to the Finance Committee distribution list.
(COMPLETE)**

6.2.2 Financial Statements &

6.2.3 Financial Forecast

The Finance Manager reported that at this point in time, with 83% of fiscal year remaining, the unused portion of the budget is 86%.

Audit is ongoing. Draft audit statement expected for August Board meeting.

Payroll harmonization necessary to move to ADP as some staff are being paid in real-time and others are on a two-week lag. Real-time staff to be advised about the new schedule and implications.

Discussion regarding the wage harmonization and consideration for staff affected. Board supports facilitating conversation with staff to determine the most equitable and comfortable approach for staff.

EFT and PAD – goal is to improve efficiency as current system is labourious. EFT for third party. Rent and credit card payments on PAD. With implementation, late

payments and lost cheques will no longer be an issue. EFT has some expense associated with it but is minimal. Email protection on the backend to minimize cyber issues.

MOVED BY: Kate Allan

SECONDED BY: Barb West-Bartley

BE IT RESOLVED THAT the Financial Statements be accepted as presented.

CARRIED

(Arnold Dendamera left the meeting, 6:39 pm)

6.3 CEO Report

Clark invited comments or clarification regarding written report:

Finalized position description for Quality Improvement Manager complete and posting has gone out.

Scope of work for Project Manager role being written.

Wage harmonization now officially complete.

ADP agreement signed.

Frozen meals (\$24,000 contract) has been awarded to Fresh Roots Catering which will help to fit the Café with with necessary equipment.

URT workers were to co-locate with police officers but it stalled because of pandemic. As we're now in stage 3, the police are interested in coordinating on this project. Moving forward.

Have completed two days of OPSEU bargaining and two more days in August are scheduled.

Markdale office have relocated and they're now residing in SEGCHC. Keystone are also there as are Grey County Social Services. The Coach House was already in SEGCHC. Markdale Hospital have been recipients of a TV that was rehomed as a result of the move and Kylie extends thanks on behalf of staff.

Fundraising event, "Hike for Mental Health" occurring. Abby Drimmie will be sharing out information on social media.

No question or concerns.

MOVED BY: Kylie Nowak

SECONDED BY: Lynda Legge

BE IT RESOLVED THAT the report of the Chief Executive Officer be accepted as presented.

CARRIED

7.0 ITEMS FOR DISCUSSION OR DIRECTION

7.1 Responding to Owen Sound Situation - Development of a Safe Supply Program
Next step: reaching out to community partners to convene initial discussion and develop a funding proposal for resources.

7.2 Review of Reopening Plan
No concerns regarding plan

7.3 Grey Bruce Ontario Health Team Development
Chairs of planning committee report that GBOHT's interest in applying is still being assessed. Decision forthcoming in near future but the group are ready to begin official application process as soon as permitted. Homecare model and a Transformation Lead are first priority.

Transition Council from member agencies will help with implementation. Clark MacFarlane inquired what support the Board feels is needed to participate more fully in OHT process and if Boards to be involved? Central intake for programming and improving access to services would be goals. Being involved at initial stages of OHT development thought to be important. Concerns from Board members about energy to support when other important work to be done. Hiring Transformation Lead will be of paramount importance as they will work with OHT project team.

7.4 Case Information – Superior Court of Justice
Further to the information shared in the Board package, Clark reported that the individual did have contact with Legacy CMHA and Legacy Hope. Housing and justice support were connected with the man sentenced.

ACTION: EA to send supplemental media links about the case and sentencing (see below).

March 2018/early days of investigation:

<https://www.facebook.com/scott.ctv/videos/2125297124153908>

Sentencing/mental health references:

<https://www.intelligencer.ca/news/local-news/rudowski-to-learn-fate-in-wiarton-murder-tuesday/wcm/584b2b6a-d1a4-4618-8dbe-d1b3fe9372e6>

Clark asked the Board to consider if there was anything CMHA could have done differently. Community partners could be contacted as well about how to handle.

ACTION: Clark to discuss Rudowski case with Management Team and if any discussion or further direction, it will be reported back to the Board.

8.0

IN CAMERA

MOVED: Barb West-Bartley

SECONDED: Kylie Nowak

BE IT RESOLVED THAT that the Board proceed to in-camera discussions at 7:14 pm

CARRIED

MOVED BY: Susan Boron

SECONDED BY: Mike Latimer

BE IT RESOLVED THAT the Board meeting resume its regular meeting at 7:25 pm

CARRIED

It was reported that while in-camera, the Board made the following motion:

MOTION #2020.5

MOVED: Alex Constantin

SECONDED: Barb West-Bartley

BE IT RESOLVED THAT the Board approves engaging Rick from Insights Consulting to perform a 360 degree review and to consult with the Board of Directors on an ongoing basis.

CARRIED

9.0 ITEMS FOR INFORMATION

9.1 Globe article on Safe Supply
Information shared and received

9.2 CBC article on decriminalization of illicit drugs
Information shared and received

10.0 MEETING EVALUATION

The Chair reminded Board Members to complete the Survey Monkey evaluation.

ACTION: EA to resend new Survey Monkey link.

11.0 ADJOURNMENT

There being no further business, the Chair moved that the meeting be adjourned at 7:32 pm.

Next meeting: August 26, 2020 at 5:00 pm.

Minutes taken by: Brenda O'Neill

Approved on: August 26, 2020

Chair: _____



Sean McMurray

Secretary: _____



Clark MacFarlane