

Meet Your CMHA Grey Bruce Board of Directors 2021-2022

Jennifer Akitt

Board Member Since 2020

Jennifer is a Chartered Professional Accountant with LH Gray group of companies, owners of Gray Ridge Eggs in Listowel.



A resident of Durham, Jennifer recently located back to Grey Bruce after living on the West Coast for 20 years. Pastimes include hiking, kayaking and spending time with family and friends.

She chose to sit on the CMHA Board as a way to reconnect with her community. ■

Kate Allan, Treasurer

Board Member Since 2018

Kate's roots in Grey and Bruce counties run deep. Born in Wiarton and raised in Big Bay, she now raises her own beautiful family in Georgian Bluffs. A Chartered Accountant, Kate is the Director of Corporate Services for the City of Owen Sound. Being a highly motivated, community



focused professional, Kate strives to support the health and wellbeing of the community which means so much to her. Her intention when joining the CMHA Board of Directors was to leverage her financial background and professional experience to identify and strengthen the bridges between municipal and social services. ■

Susan Boron

Board Member Since 2018

Susan practiced rural Family Medicine in Grey Bruce for 40 years. She also served as Site Chief for South Bruce Grey Health Services in Kincardine and as Chief of Staff at Hanover & District General Hospital. Since retiring she's been writing a book (working title, "*Bookends: a family doctor's reflections on birth and death*").



During her career, she was actively involved in providing care for individuals with mental illness and addictions. She sees her role with CMHA Grey Bruce as a way to help inform healthcare practitioners on these areas and the supportive resources and programs available locally. ■

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Holly Goodings

Board Member Since 2020



A University of Guelph graduate with a Bachelor of Commerce (Honours) Degree and Post Grad Degree in Supply Chain Management, Holly is employed in the nuclear energy sector. She feels lucky to live at her favourite place on earth, Sauble Beach. A

hockey mom with two boys, she's taken up running and as someone with lived mental health experience, she knows "when help is available, life can be better". ■

May Ip

Board Member Since 2020



May immigrated to Canada in 1995 from Hong Kong and her background is in social work. She's known to many as a passionate promoter and supporter of multicultural initiatives and has coordinated two successful newcomer pilot projects, Making Grey Bruce Home and Rural Pathways for Newcomer Women in Grey Bruce.

May teaches international folk dance, plays in the Owen Sound City Band and looks forward to sharing her insights around immigrant mental wellness at the CMHA Board table. ■

Lynda Legge, Vice-Chair

Board Member Since 2018



Lynda has a B.A., B.Ed. Degree and proudly worked with Community Living Owen Sound & District for 29 years.

She was a facilitator with an organization that aimed to strengthen service for individuals living with Dual Diagnosis, IDD and mental health and/or behavioural issues. Through this work she was introduced to CMHA Grey Bruce and has served as Board Chair and Co-Chair of the Transition Council during the amalgamation of CMHA, Hope Grey Bruce and G&B House.

She's been involved with several community committees and is currently Chair of 100 Women Who Care. Pastimes include hiking, kayaking, photography and she especially enjoys her role as a wedding officiant.

Sitting on the CMHA Board is important to Lynda as she's passionate about developing a seamless service system designed to meet people where they are in a timely way. ■

Mission:

We cultivate hope, resilience and community for those who live with and are impacted by, mental illness and/or addiction.

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Ejaye McComb

Board Member Since
2020



Ejaye has worked in technology for nearly 20 years. With a background in software development and systems analysis, he's worked in the telecommunications sector for the past 16 years and presently leads Technology and Solutions Engineering at Digitcom Telecommunications.

With strengths in leadership, process analysis, motivation, and a collaborative spirit, Ejaye lends his skills to several volunteer organizations in the community. ■

Yvonne Pallister McCutcheon

Board Member Since 2020



Yvonne (B.A., B.Ed., M. Sc.Ed.) is a lifelong Grey County resident and is recently retired from the Bluewater District School Board. Her career as teacher and administrator

enhanced her belief in the importance of working together to celebrate the strengths and support the needs of all individuals. Yvonne and her husband Neil live in Owen Sound and enjoy Grey Bruce's great venues for cycling and hiking.

Yvonne volunteers on the CMHA Board because she's witnessed the value of the organization's many supports and believes that communities are stronger when everyone looks out for, and take action to care for each other. ■

Sean McMurray, Chair

Board Member Since 2018



For the past 18 years, Sean has enjoyed a successful sales career at TELUS and is currently managing the Associates Partner Program for Ontario.

He and his family enjoy hiking the Bruce Trail, spend summer weekends camping and enjoy skiing in the winter at Blue Mountain. He's volunteered with the Kiwanis Club of Owen Sound (Past Director), the Georgian Bay Folk Society (Crew Chief/ Director) and has been a longtime minor soccer coach (30 years).

Sean's interest with CMHA stems from his own struggles with alcohol, having been sober since March 2002.

As a legacy Board Member from G&B House, he aims to bring addiction into the conversation and help eliminate the stigma. ■

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Daryl Minifie

Board Member Since 2019

Daryl hails from Saskatchewan and joined the army as a Communications Research Operator.

He spent the majority of his career in Kingston, Ottawa, and the Queen Charlotte Islands. He specialized in languages and learned to speak both French and Spanish. He retired to Grey County in 2010 and he and his wife Robyn own an equine assisted learning facility in Priceville. The horses are therapy tools for those with various special needs, as well as treating PTSD in first responders. Daryl is currently on the Grey Highlands Police Services Board and has spent many years volunteering in his community and with the Royal Canadian Legion. Among his other awards, he is a recent recipient of both the Minister of Veterans Affairs Commendation and the Sovereign's Medal for Volunteers. ■



Bruce Health Services, returning to the area where she grew up. She's worked at the Meaford Hospital and was Manager of the Markdale Hospital until recently accepting a position with the Owen Sound Hospital overseeing the Emergency Department and Dialysis Unit.

Since 2015 Kylie has lived a life of recovery from substance misuse. A critical component of her ongoing recovery is found in service work using her "lived experience" to guide her efforts. Kylie is the Past Board President at G&B House and was a member of the transition council which amalgamated the three legacy agencies to become CMHA Grey Bruce. ■

Kylie Nowak

Board Member Since 2018

Kylie (BScN, MN) is a Registered Nurse whose career has spanned over 30 years in acute hospital care. Kylie's nursing passion is quality patient and family care based on the philosophy of the patient's lived experience.

In 2007 Kylie transitioned her career to Grey



Rebecca Raynsford

Board Member Since 2018

Rebecca has lived and worked in Grey or Bruce counties for most of her life. She completed her Masters of Social Work in 2018 and is a Registered Social Worker. Having experienced an amalgamation of two service organizations in 2012 as well as years of service experience in her work at Bruce Grey Child and Family Services, Rebecca was excited to join the CMHA Grey Bruce Board and is currently Chair of the Governance Committee. ■



*Interested in applying to sit on the CMHA Board?
Contact the Administration Office, 519.371.4120
or email Brenda O'Neill, boneill@cmhagb.org.*