



February 2021

Community Connections:
 Housing & Support
 519-371-2390 Kathy or Angela

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Conversation Café “Have you Ever?” Barclay Room 2:00 - 3:00	2 Connect with Group Services, give us a call!	3 Planting 11am or 1:30 pm 1101 2nd Ave E (This group is for those who made mugs with Brenda last month) Colouring for Relaxation 2 -3pm Community Connections	4 Kelso Beach Snowshoe or Walk 1:30 - 3:00	5 Chair Yoga at the office or ZOOM from home 11:00 Max of 5 people in office Call for details. Winter Walk Meet outside the library 2:00 - 3:00	6
7	8 “Riddle Me This!?!” Barclay Room 2:00 - 3:00	9 Connect with Group Services, give us a call!	10 Pet Portraits with Courtney session #1 1101 2nd Ave East 11:00 - 12:30 Or 1:30 - 3:00	11 Derby Forest Trails Snowshoe or Hike 1:30 - 3:30	12 Chair Yoga at the office or ZOOM from home 11:00 Max of 5 people in office Call for details. “Heart Art” with Brenda 1:30 - 3pm 1101 2nd Ave East (call for a take home kit)	13
14	15 Family Day Office Closed	16 Connect with Group Services, give us a call!	17 Pet Portraits with Courtney session #2 1101 2nd Ave East 11:00 - 12:30 Or 1:30 - 3:00	18 Stoney Orchard Park Snowshoe or Walk 1:30 - 3:00	19 Chair Yoga at the office or ZOOM from home 11:00 Max of 5 people in office Call for details. Book Club “Horseshoe to Gumshoe” Drop in during the afternoon to pick up a copy of the book and get more details.	20
21 Inglis Falls Winter walk 11:00am or 2:00pm	22 Talk about “Frauds and Scams” with Officer Cranny Barclay Room 2:00 - 3:00	23 Connect with Group Services, give us a call!	24 Pet Portraits with Courtney session #3 1101 2nd Ave East 11:00 - 12:30 Or 1:30 - 3:00	25 Victoria Park Snowshoe or Walk 1:30 - 3:00	26 Chair Yoga at the office or ZOOM from home 11:00 Max of 5 people in office Call for details. Zoom Music Group Play for us or listen to others - call for details. 2:00 - 3:30	27
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