

GROUP SERVICES **Please call the office (519) 371-2390 - Kathy ext# 230 cell (519) 270-1630 or Angela ext# 233 cell (519) 270-1657 to **sign up** for a group.

Monday Aug 3	Tuesday Aug 4	Wednesday Aug 5	Thursday Aug 6	Friday Aug 7
Civic Holiday Office Closed	Bocce Ball at Ryerson Park 2:00 – 3:00	Flag Trivia At CMHA Labyrinth 11:00 – 12:00	Walk to the Bayshore Gardens 11:00 – 12:00	Gentle Stretch At the CMHA Labyrinth 11:00 – 11:30 or 11:45 – 12:15
Civic Holiday Office Closed	Colouring at Tom Thomson Pavilion 2:00 – 3:00	Zentangle Art At Kelso Beach 2:00 – 3:00	Visit the Billy Bishop Museum Cost – \$3.00 1:00 – 2:00	Photography Summer Photo Fun (Meet at office) 2:00 – 3:00
Civic Holiday Office Closed	Bike Ride to Harrison Park 2:00 – 3:00		Evening Pickleball at the office 5:00 – 6:00	